

## Examples of Risk & Protective Factors by Domain

Adapted from Brounstein, Zweig and Gardner (1998). Science based practices in substance abuse prevention & CSAP 2002 annual report

Domain	Risk Factors	Protective Factors
<b>Community</b>	<ul style="list-style-type: none"> <li>▪ Availability of drugs</li> <li>▪ Community laws, norms favorable toward drug use</li> <li>▪ Extreme economic &amp; social deprivation</li> <li>▪ Transition &amp; mobility</li> <li>▪ Low neighborhood attachment &amp; community disorganization</li> <li>▪ Unemployment &amp; underemployment</li> <li>▪ Discrimination</li> <li>▪ Pro-drug-use messages in the media</li> </ul>	<ul style="list-style-type: none"> <li>▪ Opportunities for participation as active members of the community</li> <li>▪ Decrease substance accessibility</li> <li>▪ Cultural norms that set high expectations for youth</li> <li>▪ Social networks &amp; support systems within the community</li> <li>▪ Media literacy (resistance to pro-use messages)</li> <li>▪ Increased pricing through taxation</li> <li>▪ Raised purchasing age &amp; enforcement</li> <li>▪ Stricter driving-under-the-influence laws</li> </ul>
<b>School</b>	<ul style="list-style-type: none"> <li>▪ Early &amp; persistent antisocial behavior</li> <li>▪ Academic failure beginning in elementary school</li> <li>▪ Low commitment to school</li> </ul>	<ul style="list-style-type: none"> <li>▪ Opportunities for prosocial involvement</li> <li>▪ Rewards/recognition for prosocial involvement</li> <li>▪ Healthy beliefs &amp; clear standards for behavior</li> <li>▪ Caring &amp; support from teachers &amp; staff</li> <li>▪ Positive instructional climate</li> </ul>
<b>Family</b>	<ul style="list-style-type: none"> <li>▪ Family history of high-risk behavior</li> <li>▪ Family management problems</li> <li>▪ Family conflict</li> <li>▪ Parental attitudes &amp; involvement in the problem behavior</li> </ul>	<ul style="list-style-type: none"> <li>▪ Bonding (positive attachments)</li> <li>▪ Healthy beliefs &amp; clear standards for behavior</li> <li>▪ High parental expectations</li> <li>▪ A sense of basic trust</li> <li>▪ Positive family dynamics</li> </ul>
<b>Individual/Peer</b>	<ul style="list-style-type: none"> <li>▪ Early &amp; persistent antisocial behavior</li> <li>▪ Friends who engage in the problem behavior</li> <li>▪ Favorable attitudes about the problem behavior</li> <li>▪ Early initiation of the problem behavior</li> <li>▪ Negative relationships with adults</li> <li>▪ Risk-taking propensity/impulsivity</li> <li>▪ Association with delinquent peers who use or value dangerous substances</li> <li>▪ Association with peers who reject mainstream activities &amp; pursuits</li> <li>▪ Susceptibility to negative peer pressure</li> <li>▪ Easily influenced by peers</li> </ul>	<ul style="list-style-type: none"> <li>▪ Opportunities for prosocial involvement</li> <li>▪ Rewards/recognition for prosocial involvement</li> <li>▪ Healthy beliefs &amp; clear standards for behavior</li> <li>▪ Positive sense of self</li> <li>▪ Negative attitudes about drugs</li> <li>▪ Positive relationships with adults</li> <li>▪ Association with peers who are involved in school, recreation, service, religion, or other organized activities</li> <li>▪ Resistance to peer pressure, especially negative</li> <li>▪ Not easily influenced by peers</li> </ul>